



## SEXUAL HEALTH





**WIDE RANGE TO SUPPORT SEXUAL HEALTH AND  
HELP TO FIGHT DIFFERENT DISORDERS**

## MAN'S HEALTH



## WOMAN'S HEALTH





## PROSTATE HYPERTROPHY

Diseases of the prostate are widely spread. 40% of men between 50-60 years of age and 90% between 80-90 years may have any symptoms of enlarged prostate.

**Prostate hypertrophy causes problems with urination, pain and rises a risk for cancer.**

The reason of the diseases is **the hormonal disbalance**: decreasing of hormone testosterone and increasing of hormone prolactin.



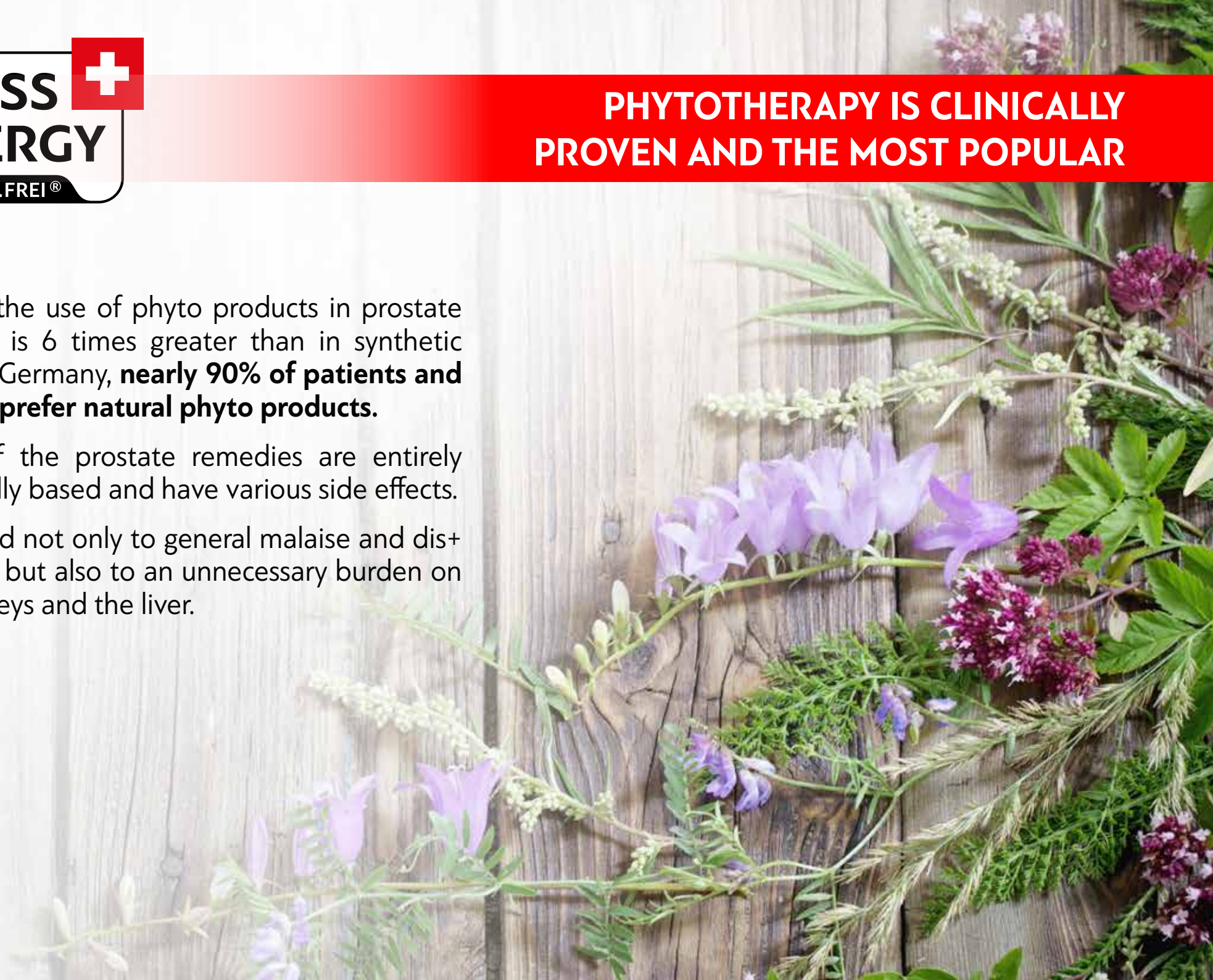


## PHYTOTHERAPY IS CLINICALLY PROVEN AND THE MOST POPULAR

In Italy, the use of phyto products in prostate diseases is 6 times greater than in synthetic ones. In Germany, **nearly 90% of patients and doctors prefer natural phyto products.**

Many of the prostate remedies are entirely chemically based and have various side effects.

They lead not only to general malaise and discomfort, but also to an unnecessary burden on the kidneys and the liver.







## PROSTATON FORTE - MAXIMUM PROSTATE PROTECTION

- Helps the normal functioning of the prostate gland
- Reduces the need for frequent night urination
- It contributes to normal spermatogenesis and sexual function
- Helps maintain normal blood testosterone concentration

### 1 capsule contains:

- Pygeum africanum extract 50 mg
- Stinging nettle extract 150 mg
- Willow herb extract 140 mg
- Selenium 25 µg
- Zinc 5 mg





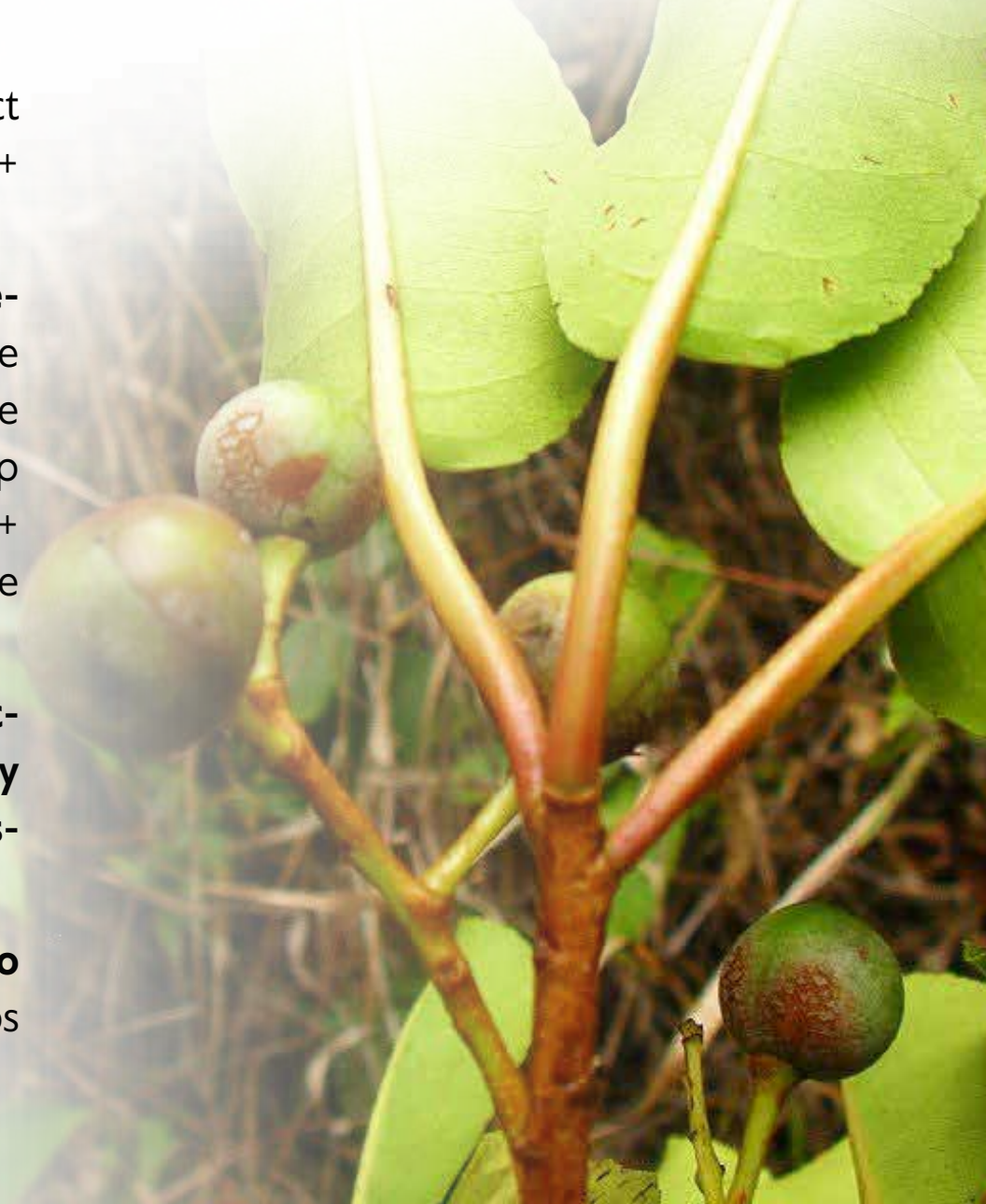
## PYGEUM AFRICANUM EXTRACT - A STRONG INHIBITOR OF 5 $\alpha$ -REDUCTASE

The major active ingredients of pygeum africanum extract are fatty acids, phytosterols, pentacyclic triterpenes, ferulic acid esters, fat-soluble sterols.

They **contribute to the inhibition of the enzyme 5 $\alpha$ -reductase** and to lowering levels of dihydrotestosterone (DHT), a hormone whose elevated levels are responsible for increasing the size of the prostate. They also help reduce the number of receptor sites where the dihydrotestosterone hormone (DHT) can be attached to the cells.

The pygeum africanum extract contributes to **the reduction of cell proliferation, which reduces the possibility of enlargement of the prostate and urinary compression.**

Helps the urinary-genital system by contributing **to better urine flow and better bladder emptying.** It helps to reduce frequent urination and residual urine.





## NETTLE EXTRACT

- The high content of flavonoids and potassium in nettles explains its diuretic function and the support of urinary flow, which leads to a faster elimination of bacteria
- Strong antioxidant that neutralizes the action of free radicals in the body
- It proves the beneficial effect on detoxification of the organism

## WILLOW HERB

- Helps boost diuresis, and promotes better quality of the uro+ genital tract
- Contributes to reducing the need for frequent night urination
- Helps inhibit the enzyme 5 -Reductase and the hormone di+hydrotestosterone (DHT), thereby helping to reduce the size of the prostate gland

## **ZINC**

- An important element for the functions of the gonads
- Helps maintain normal blood testosterone concentration and normal sexual function
- Participates in the process of cell division
- Normal levels of zinc in the body are related to the normal amount of sperm in the semen

## **SELENIUM**

- Powerful antioxidant
- Increases the number of semen
- Helps for normal spermatogenesis
- Has a beneficial effect on male potency







## POTENTON - A SEXUAL STIMULANT

- Has a beneficial effect on hormonal balance and libido
- Supports sexual function by affecting blood flow to the genitals
- Contributes to normal spermatogenesis and to maintaining normal testosterone levels in the blood

### 1 capsule contains:

- Tribulus terrestris extract 100 mg
- Epimedium koreanum extract 175 mg
- L-arginine 100 mg
- Zinc 5 mg
- Selenium 50 mcg



### **TRIBULUS EXTRACT**

- helps to increase a sexual desire and libido
- increases the level of luteinizing hormone, that enhances a testosterone production
- increases physical endurance and stamina

### **EPIMEDIUM EXTRACT**

- contains Icarin, which increases the amount of nitric oxide in the body and dilates blood vessels, most noticeably in the genital area
- helps to increase sexual desire and libido
- improves the physiological and psycho-emotional state
- stimulates the synthesis of testosterone in the body in men

### **L-ARGININE**

- It is an amino acid that improves the functioning of the microcirculation and increases blood flow to the whole body. Intake of L-arginine allows blood to reach the genitals and thus enhances sexual desire and improves the quality of sexual life
- Plays an important role in sperm division, maturation and motility





## FERTILEX MAN - MALE FERTILITY AND SPERMOGENESIS

- Favorably affects fertility and reproduction
- Supports normal spermatogenesis and sexual function in men
- Contributes to a normal testosterone concentration in the blood
- Maturation and mobility of sperm
- Increases sperm count, volume and fertility
- Improves prostate function

### **1 capsule contains:**

- Myo-inositol 333 mg
- L-carnitine 100 mg
- L-arginine 100 mg
- Zinc 5 mg
- Selenium 50 mcg
- Vitamin E 20 mg





## STRONG COMBINATION THAT AFFECTS FERTILITY AND REPRODUCTION

**Myo-inositol** is necessary for the health of the prostate gland and for the maturation of the sperm.

**L-arginine** increases sperm count and improves the quality of sperm. It leads to increasing libido and improving the quality of sexual life.

**L-carnitine** helps to produce nitric oxide in the sperm, which is important for its viability and mobility.

**Zinc** contributes to maintaining a normal testosterone concentration in the blood and for normal fertility and reproduction.

**Selenium** increases sperm count and improves fertility in men. Contributes to normal spermatogenesis and has a beneficial effect on male potency.

**Vitamin E** is a key antioxidant for reproductive functions.







## FERTILEX WOMAN - SUPPORTS FEMALE FERTILITY

- Supports the process of ovulation and fertility in women
- Helps to stimulate ovarian function and egg quality
- Maintains hormonal balance

### 1 capsule contains:

- Inositol 500 mg
- Vitamin E 20 mg
- Pantothenic acid 7,5 mg
- Folic acid 200 mcg
- Biotin 75 mcg





## FERTILEX WOMAN - INNOVATIVE COMBINATION FOR WOMAN FERTILITY AND HORMONAL BALANCE

**Inositol** naturally supports the ovulation process. It helps for normal hormonal balance, which is an important condition for a regular cycle, normal ovulation and reaching a desired pregnancy. It helps to stimulate ovarian function and egg quality.

**Pantothenic acid** contributes to the normal synthesis and metabolism of steroid hormones, vitamin D and some neurotransmitters. It helps the normal flow of metabolism and energy production.

**Biotin** contributes to the normal function of the nervous system, the maintenance of mental function and the flow of metabolism and energy production.

**Vitamin E** is a key antioxidant for reproductive functions. Accepting vitamin E results in a significant improvement in fertility.

**Folic Acid** contributes to normal tissue growth, amino acid synthesis, and homocysteine metabolism. Participates in the process of cell division.







## FEMITON FORTE - FOR WOMEN IN MENOPAUSE

- Helps regulate hormonal activity before and during menopause
- Helps mental function and nervous system
- Helps to reduce the feeling of tiredness and fatigue

### 1 capsule contains:

- Soy extract (40% isoflavones) 200 mg
- Cimicifuga extract 40 mg
- Vitamin B6 - 6 mg
- Biotin 150 µg
- Folic acid 200 µg
- Vitamin D 10 µg





## CIMICIFUGA EXTRACT AND SOY ISOFLAVONES AS AN ALTERNATIVE TO HORMONAL MEDICINES

**Cimicifuga extract and soy isoflavones.** Active ingredients of Cimicifuga Extract and Soy Isoflavones are phytoestrogens.+ Phytoestrogens contribute to the hormonal balance of woman. They help decreasing the symptoms of menopause such as depression, bad mood, sweating, sleep disorders etc.

**Vitamin B6** regulates hormonal activity and the normal course of metabolism and energy production. It contributes to the normal functioning of the nervous system, the maintenance of normal mental function.

**Biotin** contributes to normal nervous system and mental function. It contributes to the normal metabolism of macro nutrients and to maintaining the normal state of the hair, mucous membranes and skin.

**Vitamin D** maintains strong bones and teeth.

**Folic Acid** contributes to reducing the sense of fatigue and fatigue. It contributes to the normal synthesis of amino acids and to the normal metabolism of homocysteine.







## FEMINA HERBS - HELPS TO RELIEVE PREMENSTRUAL SYNDROME (PMS)

- Helps deal with Premenstrual Syndrome (PMS) and some menstrual disorders
- Contains no hormones but a standardized extract of the Vitex Agnus castus herb
- Affects the production of progesterone and the normalization of the menstrual cycle
- Contributes to normal menstrual cycle and normal activity of the nervous system

### **1 capsule contains:**

- standardized extract of Vitex (agnus castus) 5 mg





## HORMONAL DISBALANCE IS THE REASON OF PREMENSTRUAL SYNDROME

The main reason of Premenstrual syndrome is increased level of hormone prolactin. Often the chronic stress occurs hypersecretion of this hormone. As a result, menstruation becomes problematic.

### **The symptoms of menstrual irregularities:**

- fatigue and nervousness
- irregular periods
- change in body weight
- pain in the lower back and lower abdomen
- nausea and vomiting







## VITEX HAS A CLINICALLY PROVEN EFFECT FOR PREMENSTRUAL SYNDROME

Vitex is currently one of **the most often recommended herbs for reducing PMS** symptoms (Cyclodynnon).

Although this plant does not contain hormones or similar substances, this herb is a good hormone regulator. It influences to the **hormonal balance of the female body and stimulating the pituitary gland to production of luteinizing hormone.**

Vitex can reduce prolactin levels and regulate the balance of progesterone and estrogen.

It also has **sedative, anti-inflammatory, analgesic properties.** As a result, the cycle normalizes, the intensity of pain decreases, periods come regularly, mood is getting better.

There are many clinical studies that proven all these effects: Lauritzen et al (1997, Germany), Schellenberg R. et al. (2001, Germany) Ma L. et al. (2010. China), Ciotta at al., (2011, Italy)



**SWISS ENERGY IS AN EXPERT IN THE MOST  
ADVANCED TECHNOLOGIES**

FreiCare Swiss AG is specialized in **modified release**

systems for oral consumption based on the application of the most advanced technologies.

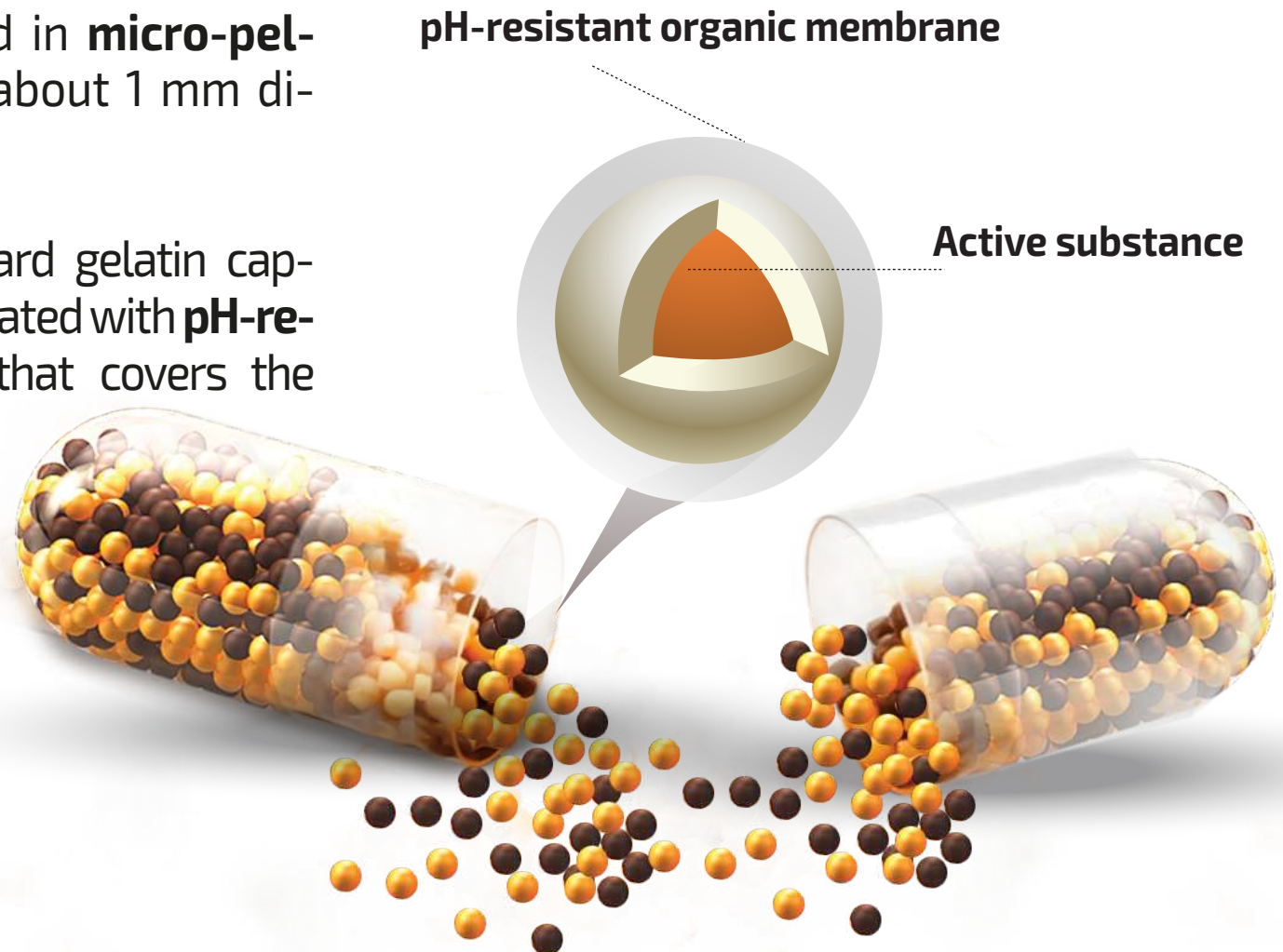
Sustain release technology can be applied to many formulations. Providing modulated absorption it ensures **high efficiency and safety of use.**





Sustained Release Capsules are innovative dosage form that presented in **micro-pellets**: spherical granules of about 1 mm diameter.

Micro-pellets are dosed in hard gelatin capsules. Active substances are coated with **pH-resistant organic membrane** that covers the active ingredients.






## SUSTAINED RELEASE CAPSULES PROTECT ACTIVE INGREDIENTS

pH-resistant polymeric membrane does not dissolve in stomach and ensures **protection** of active ingredients from the damaging action of gastric acid.

The polymeric membrane **dissolves into the duodenum**. Therefore the active ingredients are protected until their arrival to the intestine.



pH-resistant membrane protects active ingredients from gastric acid in duodenum

pH-resistant membrane starts dissolving in duodenum





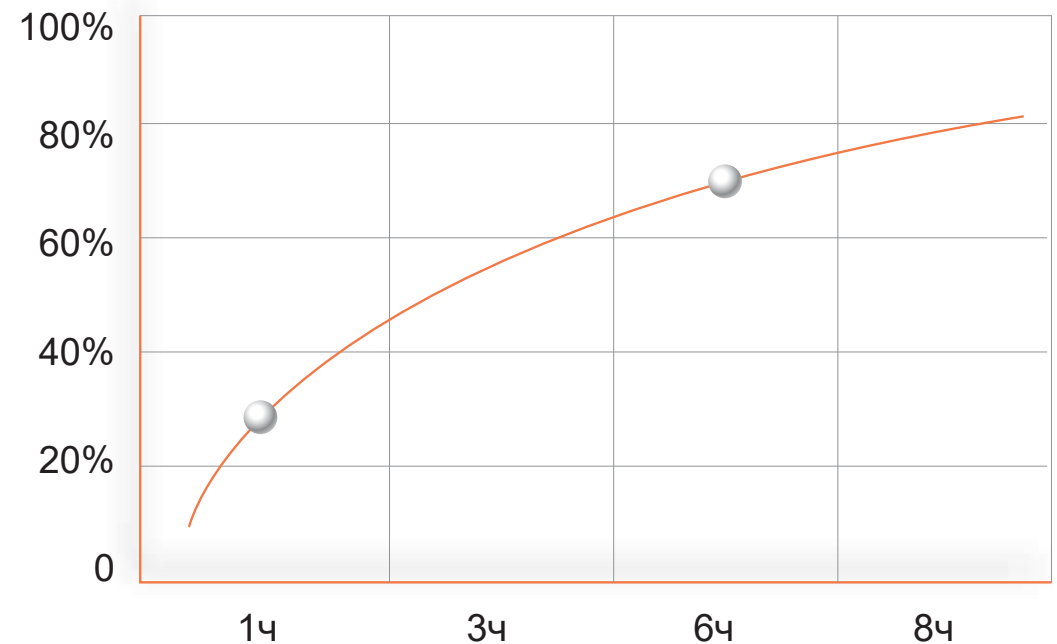
## SUSTAINED RELEASE CAPSULES PROVIDE BETTER ABSORPTION

Sustained release (SR) capsules are developed to release active ingredients gradually over a **long period of time** (about 8 hours)

SR capsules ensure a better absorption of active ingredients and better tolerability in a daily diet.

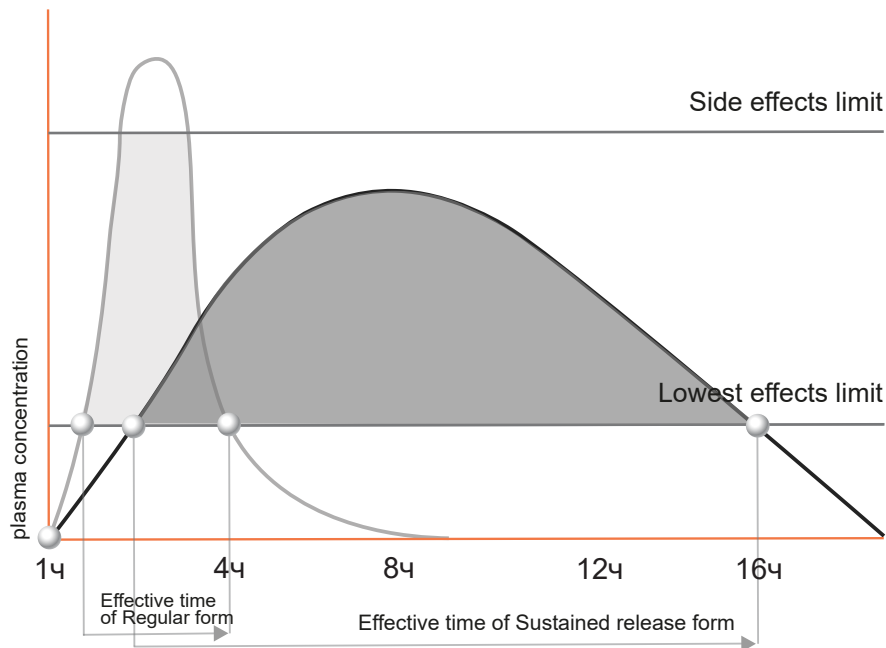
Sustained release technology guarantees high efficacy of action during the whole day. Scientifically proven intake of 1 capsule per day.

Release of active substances, %



# SUSTAINED RELEASE CAPSULES ENSURE BETTER EFFICACY AND SAFETY

Plasma concentrations of regular and sustained release forms



Sustained release dosage form becomes very important to achieve better efficiency with **no risk of side effects**.

SR dosage form allows to **prolong the effectiveness time** of active ingredients.

SR dosage form allows to avoid absorption peak risks to achieve better safety level.

- Regular dosage form
- Sustained release dosage form



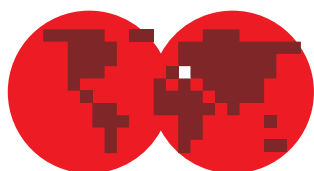


## SWISS ENERGY - FULL RANGE OF EFFECTIVE AND SAFE PRODUCTS FOR SEXUAL HEALTH



- Proven efficacy
- High safety
- Competitive price
- Made in Switzerland

Made in Switzerland 



***Global Swiss***  
*GROUP*

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